

## Weight Assessment and Counseling

**2018**

**Measure description:** Percentage of children who had a visit in 2018 who also have their Body Mass Index recorded and were counseled on nutrition and activity.

### Measure Specifications

**Data:** Electronic Health Record

**Benchmark Target:** 30.4%

**Denominator:** Children 3-17 years of age with at least one outpatient visit with primary care provider in 2018

**Numerator:** Average of the three following rates:

- Children who had their BMI recorded during a visit
- Children who had counseling for nutrition during a visit
- Children who had counseling for physical activity during a visit

Note: Because BMI norms for youth with age and sex, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.

**OHA Resources:** <http://www.oregon.gov/oha/HPA/ANALYTICS/Pages/CCO-Baseline-Data.aspx>

### Strategies for improvement:

- The workflow to capture this data is specific to your individual Electronic Health Record, make sure that your process is capturing and reporting the data correctly.
- Use the gap list provided by the WOA quality department to ensure the information is being accurately reported from the EHR.